

Links, hvor I kan høre mere om "Empowering" fra World YMCA's youtube-konto:

<https://www.youtube.com/watch?v=XiZRgHsuads&feature=youtu.be>

https://www.youtube.com/watch?v=MA8FAtb_51A

<https://www.youtube.com/watch?v=YmdQQwwof-O>

<https://www.youtube.com/watch?v=YmdQQwwof-O&feature=youtu.be>

<https://www.youtube.com/watch?v=KXbVGlmikxU&feature=youtu.be>

Læs mere om YMCA her:

www.ymca.int